



# PRESSED FLOWERS AND LEAVES

ON A DRY DAY, COLLECT  
DIFFERENT FLOWERS  
AND LEAVES...



Step 1

Back at home, carefully  
lay the flowers and leaves  
between 2 sheets of paper.



Step 2

Now put these paper sheets under  
something heavy – a mattress  
maybe. Or a heavy box?



Step 3

Leave them there for 3  
weeks to flatten and dry.



Step 4

Then carefully remove  
them from the paper –  
they are very delicate now!



Step 5

Now, using your pressed flowers  
and leaves, watercolour paper and  
glue, make a picture or a card.



YOU CAN WRITE A  
MESSAGE IF YOU LIKE.



artsdrop.co.uk  
1NADSC5

Activity created with

Coetir  
Anian

Cambrian  
Wildwood

cambrianwildwood.org

# AR DDIWRNOD SYCH, CASGLA WAHANOL FLODAU A DAIL...

Cam 1

Adre, yn ofalus, gosoda'r  
blodau a'r dail rhwng 2  
ddarn o bapur.

Cam 2

Nawr rho'r darnau o bapur o  
dan rhywbeth trwm – matras  
efallai. Neu focs trwm?

Cam 3

Gad nhw yna am 3  
wythnos i fflatio a sychu.

Cam 4

Yna, yn ofalus, cymera  
nhw o'r papur – maen  
nhw'n fregus iawn nawr!

Cam 5

Nawr, gan ddefnyddio dy flodau  
a dail sych, papur dyfrlliw a  
glud, creua lun neu garden.

## GALLI DI YSGRIFENNU NEGES OS HOFFET TI.

# SYCHU BLODAU A DAIL



artsdrop.co.uk  
1NADSCS

Gweithgaredd  
weddi' greu gan

Coetir  
Anian

Cambrian  
Wildwood

cambrianwildwood.org

